



A program for families with parents and teens experiencing challenges in their lives.

Take note!

The first thing you need to know, is you are not alone! Every parent goes through something like this at least once, and usually multiple times, in the course of bringing up their children. Unfortunately, your teen did not come with an owner's manual. Where we get into trouble as parents, is when the going gets rough, the only thing we know to do is what our parents did, and as most of us know, our parents didn't really know what to do in situations like this either.

Take hope!

Here is a program to assist you and your teen in opening up the lines of communication and appreciation for one another that have become broken somewhere in the past. Some people look at RESET as a communications workshop, which it is, but it is also much more than that. During RESET you and your teen, will find common ground again. You will also start to appreciate and respect your differences and find each other again.

What is **reset**

RESET involves both teens and their parents and gives them both pause and the opportunity to look at where their present actions and attitudes are taking them. During this one day program facilitators, using proven evidence based experiential learning models in combination with Association of Challenge Course Technology (ACCT) life imitating events and programs, we offer the opportunity for participants to look at better choices and show them a direction of fulfillment, good citizenship, and positive leadership of themselves and their lives. Concurrently, parents and teens are put through a parallel course of introspection and guidance such that at the end of the day, parents and teens alike are willing to look at their lives, their goals, their relationships, and map a new course for their family unit that will support and encourage the healthy choices of their teenager.



1-day program for parents and teens experiencing challenges in their lives. Designed to prevent your teen from going further in the wrong direction.



Starting Over Starting New

Serving the Entire
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