

Understanding Addiction

A Workshop for Families Experiencing Potential Problems with Addiction.

Present by



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Take Note!

The first thing to know is that your suspicions are probably right. If you think that a person might have lost control over some part of their lives, Addiction to something that is very high on the list of potential reasons. Too much drinking, too much smoking, too much cannabis use, too much social media, and so on. It can sneak up on us, become a problem overnight and the problem is growing.

Take Hope!

We know more about Addiction now than ever before. There is a ton of science and understanding that previously did not exist. **Understanding Addiction** is the first step in dealing with the danger and helps bring some clarity to our daily lives.



What is **Understanding Addiction**?

Understanding Addiction takes the participants through an appreciation of what Addiction is inside our body and brain. It lets us understand why we call Addiction a disease and what we can do about it. The program continues into the family's response to Addiction, how they can make it worse by engaging in behaviors that enable, and how they can best support themselves and family members in Recovery. While filled with the latest research, the workshop itself is presented in a way that anyone can understand. It is designed for everyone and lets us see there really is a light at the end of the tunnel and a path to recovering our lives. Both as individuals and as a family.

1-Day workshop for Families wanting to Invest in their lives. Understanding Addiction and the effects it has on the entire family.

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